



Laverstoke and Freefolk News&Views

August 2022

We do hope you are enjoying a well earned break now the school summer holidays are here. If you're stuck for inspiration for days out, we've included a list with links to some of Hampshire's wonderful parks in this month's edition.

Also included is news of a successful fund raiser for the repair of the church roof, some further work has been done on the Millennium Green pond, our sports clubs and businesses have been active and we received news of a new dementia charity.

We've included a reminder of the upcoming annual Ride and Stride for the Historic Churches Conservation Trust. This is an opportunity to discover the rich heritage of these historic buildings, see beautiful countryside and get some exercise travelling between churches walking, horse riding, cycling etc. Read on for all this and more!

Last call for children's jubilee goody packs! We still have a few remaining so if you are resident in the villages and your under 16 child hasn't received theirs yet, please contact

Nicky on laverstokeclerk@gmail.com.

And don't forget you can find a link to the monthly [Overton News&Views](#) here, a few days after the start of the new month. It includes the Overton library opening times.



Spring Pond open garden

We had a glorious day for the Open Garden at Spring Pond. £740 was raised towards roof repairs at St Mary's. Thank you to Julian and Carolyn Sheffield, everyone who helped on the day, those businesses who donated raffle prizes and everyone who came to support us.

Brenda Bond, Churchwarden



Pond platform rope barrier

Following a concerted effort by the Millennium Green band of volunteers to remove invasive plants, a footpath was then created last year around the pond, along with the installation of a pond dipping platform and bench. The next part of that project has now been completed - the addition of a rope barrier.

We do have a polite request... please don't let your children play on the ropes. They are designed to define the edge of the platform, as a visual reminder to those with young children to keep a watchful eye on them.



Ladies coaching by Olympic champ

We had a visit from one of the Archery GB Olympic Archers, Bryony Pitman, in July. Bryony is a recurve archer who recently claimed 2nd Place at the World Games in the USA and is the current All British female

This work has all been undertaken with the fantastic support of the Watercress and Winterbourne's lottery-funded initiative. Thanks to Maggie Shelton and Chris Mayne from the Hampshire Wildlife Trust for organising this platform finishing touch.

Field Archery Champion. Bryony came along to run a ladies coaching session and it was great to see seven people attend. It was a fun evening with everyone benefiting from Bryony's coaching and learning a lot about shooting techniques. July also saw us host the Hampshire County and Southern Counties Field Archery Championships at The Warren. We had over 120 archers attend the two day event. On the Saturday evening we hosted a 60th Birthday celebration for the club with a Hog Roast and some fun competitions which included a very long 180 yard shot with a paper mache Minion as a target and a foam acorn hanging from a tree. It was a very warm weekend and OvBA archers did well at the event with Richard Buckner and Steve Allam claiming medals for recurve, Bill Jones and Rob Aldridge for Barebow, Steve Baker for Compound and Dave Mahers for the Asiatic category.

This year the club is supporting the ["time to talk"](https://www.time-to-talk.org/) charity which provides support for 11-25s. We have raised a total of £1500 for them from our recent events. If you would like to know more about the club or have any questions about Archery please message us or have a look at overtonblackarrows.org.



However, the work doesn't stop there! In the Autumn ongoing works will be carried out to get more of the irksome Parrot's Feather removed from the outflow stream and the path will need weeding again. Volunteers be prepared!



20mph across Hampshire

Have your say on 20mph speed limits

across Hampshire: The County Council is seeking the views of residents about 20 mph limits within Hampshire

Councillor Edward Heron, HCC's Executive Lead Member for Transport and Environment Strategy, said: "We are keen to hear from as many residents, businesses and other stakeholders as possible, to find out their views on the implementation of 20mph limits in the context of other highways priorities and the County Council's statutory duties to maintain the highway in a safe condition within a limited budget. The findings from the survey, together with data about use of the highway, speed enforcement, road safety

Plants that enjoy drought!

Wow! What a scorcher we've had this month.. and so little rain too.

Wonderful for the sunseekers but you can't deny that if this carries on we cannot keep using our vital resource of water in the garden and we need to be looking at some plants that are drought resistant.

Come up here for a visit; Rosy and the team would be happy to have a chat with you to include loads of suggestions that fit the bill.



Days out at Hampshire parks

Looking for a fun day outside with the family? As it's Love Parks Week from 29 July, and with summer in full flow, it's a good time to get out and enjoy the health benefits nature has to offer.

Whether you delight in a brisk walk, relaxing over a family picnic, or taking an afternoon snooze under a leafy canopy, Hampshire County Council have 5 superb Country Parks and farm attractions – all have a great selection of food and drinks and activities for you to enjoy, and the Country Parks have just been awarded 2022 Green Flag status for excellence!

and environmental impacts will be important in helping to shape future policy relating to 20mph speed limits in Hampshire and, in turn, future decision-making around 20mph speed limits.”

The survey is available at:

hants.gov.uk/transport-schemes/20mph-speed-limits-consultation and should take just 15 minutes to complete.

It is open until midnight on Monday 12 September 2022.



Wimbledon inspiration

What a great Wimbledon. It was lovely to see so many British players doing well. We hope it inspired you to pick up your racquet and come and play. Members and visitors are always very welcome at our regular Saturday mix-in, starting from 3pm.

Membership has been discounted for a third year and adult membership is only £68 until 31 March 2023. Anyone in full time education can join the club for just £10. So, if you are looking to keep children, grandchildren or students returning home for the holidays active, do let them know

🌳 [Lepe Country Park](#) – nature trail, playground, 5-mile coast and country walk

🚲 [Queen Elizabeth Country Park](#) – cycling, activity course, dogs welcome

☕ [River Hamble Country Park](#) – new café, trails, watersports, dogs welcome

🏡 [Staunton Country Park](#) – café, follies, gardens, outdoor play, cycling trails

🍕 [Royal Victoria Country Park](#) – new pizza restaurant, miniature steam train

🐮 [Manor Farm](#) – animals, tractor barn, wildlife pond, outdoor and indoor play

🐰 [Staunton Farm](#) – meet the animals, outdoor play, farm shop

about this or sign them up. Members also get discounts on coaching courses and holiday camps. Please be aware though, that to play unsupervised, players must be age 13 or older. Younger children will need to have an adult with them. Membership forms can be found at whitchurchtennisclub.org

We are an inclusive club with players from all backgrounds and ability. If you are interested in playing tennis and your financial circumstances are a barrier to you joining, please do get in contact as we can consider funding towards membership. Please get in contact at secretary@whitchurchtennisclub.org.uk if you wish to apply.

Members dates for the diary:

- 1 October – Club Tournament & BBQ
- 16 October – Walk & Pub Lunch
- 29 October – Progressive Dinner

Holiday Camps: our summer tennis camps are now available to book at clubspark.

Running from the 1-12 Aug in the mornings, these are a great opportunity to try tennis, meet up with friends and have lots of fun. Groups are split by ages 4-8 and 9-15 years and discounts are available for members or booking the whole week.

Coaching: Looking to learn or improve your shots, the Rusty Raquet (Tennis Xpress) course is great for new starters or if you are getting back into tennis after a break and

Isolated, or lonely at home?

We can help!

We work 1 to 1 with over 65s across Hampshire to help give them the knowledge, confidence, and skills to travel independently by public and community transport, and get to social activities, the shops or appointments.

We can often accompany you on a journey to give you confidence to do it yourself the next time.

People we've helped so far say their confidence has improved, they are getting out the house more, and they feel more connected with their local community.

Get in touch to refer someone who would benefit from this personalised and friendly service.

Contact: travelforall@atkinsglobal.com
07806 775089

Hampshire County Council amha **ATKINS** South Western Railway



**Saturday 1 October 2022
7.30pm at The Anvil**

Join us for this annual, fantastic evening of entertainment as local performers showcase their talents to help raise funds for the Mayor's Charity Appeal.

Book now 01256 844244 | anvilarts.org.uk

£19. Over 65s and under 16s £15 (includes £3 booking fee). All tickets come with a free souvenir programme.



Twitter: @basingstokeshow Facebook: @basingstokevarietyshow Instagram: @basingstokevarietyshow



Thank you to...

Richard Spooner - for clearing the area outside the Kingfisher side of Lady Rose Hall and removing the old disused sun shade from the side of the wall.

Richard Francis - for continuing to fish out the inflatables littering the river

Nick Compton - for strimming around the cherry and other trees around the Millennium green pond

Dan and Emma - for strimming the path around the archery field

runs Saturday mornings in term time for both members and non-members. For more information and to book to start in September, go to

WhitchurchTennisCoaching/Adult

Regular junior coaching takes place on Thursdays after school and Saturday mornings during term time. Book now for September

at: WhitchurchTennisCoaching/Junior

For more information about the club and membership forms, please visit www.whitchurchtennisclub.org.uk, follow us on Facebook [#WhitchurchTennisClub](https://www.facebook.com/WhitchurchTennisClub) or contact Wendy Helsby –

secretary@whitchurchtennisclub.org.uk We hope to see you on court soon!

RIDE+STRIDE
for the heritage of churches

SATURDAY 10 SEPT. 2022

Over 400 churches & chapels in Hampshire & the Isle of Wight will be open.

- Have a family fun day out and discover the beautiful churches and chapels on your doorstep, by taking part in a sponsored cycle or walk.
- Enjoy a warm welcome along the way!
- Help to preserve our churches for future generations.

join us

Sponsor forms and more information are available from:

or contact the County Coordinator Team at rideandstride@hthct.org.uk

find out more at www.hthct.org.uk

HAMPSHIRE & THE ISLANDS HISTORIC CHURCHES TRUST
Registered Charity No. 1181370

We also heard on the grapevine there should be a canine thank you too as Dottie the dog, rounded up the stray sheep this morning!

Please let Nicky know if there is anyone else we should be thanking!

WWW.MYDEMENTIASUPPORT.ORG

HOW CAN WE HELP?

Dementia Support - Hampshire & IOW is here to support you throughout your dementia journey.

We can help with emotional wellbeing, information and signposting for the whole family.

Pop in for a cuppa and a chat or give us a call

Full details available on the website

GIVE US A CALL
0344 324 6589
Registered Charity Number 1198042



Parish Council

PC Meetings

Note the PC meeting has moved to 1st Tues of month. Next meeting dates -:

2 Aug (extraordinary)
6 Sep
4 Oct
1 Nov

Laverstoke and Freefolk
PC meetings take place



L&F Contacts

[L&Freefolk Facebook](#)
laverstokeandfreefolk.org.uk

Newsletter:
laverstokeclerk@gmail.com

Lady Rose Hall:
www.ladyrosehall.co.uk

Bombay Sapphire Resident's Help Line: 01256 890078
(& to alert BS you are collecting Defibrillator).

Our neighbouring web-sites:
The [Official Whitchurch web site](#)
The [Original Whitchurch web site](#)



Parish Council:

Clerk - Nicky Nicklin (07725 368012)
or
laverstokeclerk@gmail.com

Parish Councillors:

David Ellis, Chairman
Jo Probut, Deputy Chairman
James Bretel
Andrew White
Diccon Harvey
Julia Chedgely
Jayne Hudson

in Lady Rose Hall
starting at 7.30pm with
up to 15 mins public
time. Anyone is welcome
to attend to ask
questions, make
suggestions or air views
on local issues during
the public time. Time will
be split equally between
the number of people
wishing to speak. After
public time parishioners
are unable to interrupt
the Council meeting.
**Note: no meeting is
held in August unless
a planning or other
time-dependent matter
arises.**

[Overton Parish Council web site](#)

Our Local Sports Clubs:

[Whitchurch Tennis Club](#)

[Overton Black Arrows Archery Club](#)

[Overton Rugby Club](#)

Our church:

[St Marys Laverstoke](#)

Our Local Day Care Centre:

[Kingfisher Day Care Centre for](#)

[Elderly](#) or

kingfisherdaycentre@gmail.com

Millennium Green:

[landfreefolkmillenniumgreen](#)

To Report problems with: roads, footpaths & verge

[Hantsweb](#)

trees on roads:

0300 555 1388

water:

[Southern Water](#)

To email

CLlr:laverstokeclerk@gmail.com

Borough Councillors:

Colin Phillimore 771127

(cllr.colin.phillimore@basingstoke.gov.uk)

Chloe Ashfield

Stephen Williams

County Councillor:

Juliet Henderson

(juliet.henderson@hants.gov.uk)

LAVERSTOKE & FREEFOLK LOCAL HELPLINE

Just in case you find yourself in need of a hand we've got a network of friendly Laverstoke and Freefolk volunteers who want to help.

From picking something up from the shops to walking the dog - just call any one of the below contacts and they will share the request so someone will be able to help you.

Nicky Nicklin	892698	07725 368 012
Caroline Johnson	893457	07802 254 631
Charlotte Stewart	896267	07792 208 660
Clare Charles	n/a	07860 804 654
El Harvey	n/a	07916 250 802
Holly & James Bretel	242182	07852 300 249
Jenny & David Ellis	892895	07845 399 851
Jim & Lu Marsh	895070	07703 885 432
Jo Probut	893175	07375 486 586
Katie Black	895995	07803 046 919
Luby Hough	242875	07876 685 762
Lucy Arthur	n/a	07990 563 921
Michael & Evelyn Smith	893669	07702 592 198
Richard Darley	893508	07909 687 231
Rosy & Rob Hardy	n/a	07949 761 858
Suzanne Bailey	n/a	07773 253 305

Please follow medical guidelines published on
www.nhs.uk/conditions/coronavirus-covid-19
or call 111

L&F Calling Tree Contacts



Notice Your Neighbourhood

If you spot an issue, please let us know and we'll do our best to help.

What can I report?

You can report the following to Basingstoke and Deane Borough Council www.basingstoke.gov.uk/report or call 01256 844844

- Graffiti
- Discarded needles
- Fly-tipping
- Litter
- Broken glass
- Dog fouling
- Overflowing bins
- Abandoned vehicles
- Overhanging vegetation and hedges
- Damaged equipment in parks and open spaces
- Grass cutting
- Leaf clearing



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Freefolk Parish Council 2022
laverstokeclerk@gmail.com
Our mailing address is:
Laverstoke and Freefolk Parish
Council Newsletter
Lady Rose Hall
Laverstoke Lane
Whitchurch
RG28 7NY