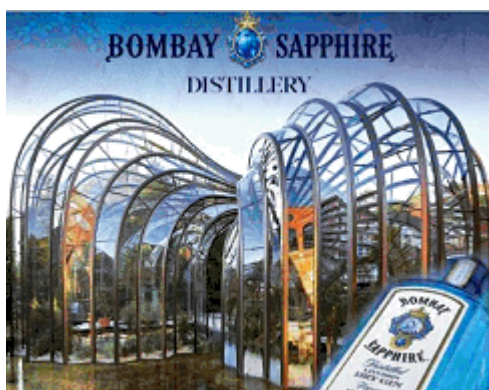




Newsletter January 2016

Happy New Year to all our readers and may all your resolutions be going according to plan! In this issue we have, hot off the press, news of the first official Shed meeting in the Pavilion. It's also exciting to hear about some of the awards Bombay Sapphire has been winning and we remind you of the PC web site address.

Don't forget to have a peek here at the latest [Overton News & Views](#).



Bombay Sapphire win Awards

The Bombay Sapphire Distillery is pleased to announce it has now won 11 awards since opening it's



MEN'S SHED LAUNCH DAY

What a Turnout! Men's Shed 9th Jan

The first official Test Valley Men's Shed meeting took place on Saturday 9th Jan. An excellent turnout of 17 or so people from L&F, Overton, Whitchurch and St Mary Bourne was made more

doors. Recently we have won several industry awards from The Spirits Business magazine and Drinks International Magazine. Laverstoke was the most awarded distillery in the 'Distillery Masters 2016' by the Spirits Business, gaining 3 'Master' level awards in Consumer Experience, Distillery Innovation and Green Initiatives.

We are also very excited to win 'Best new Small Visitor Attraction – GOLD' and 'Sustainable Tourism – SILVER, by Tourism South East which is our local tourist body. They benchmark all visitor attractions in the South East and this puts us through for the finals in Visit England – for which we have been shortlisted. This decision will be made in March this year, during English Tourism Week, and we are very hopeful as this would be fantastic!

A lot of hard work by everyone here goes into what we do everyday, and we are very grateful to have these efforts be recognised. We are thrilled that the world is now once again enjoying the output of Laverstoke Mill and we believe reaching more countries than ever before but in addition the Mill has taken on a new celebrated and awarded role as a centre of excellence and learning as it settles into this new phase of life. We look forward to continuing to work closely with the village and ensuring we are all proud

encouraging given the number of new faces not seen at the prior gatherings. This means the word is getting out!

The plan is to get some building surveys completed asap and in parallel set up as a charity. With promises of funding from the Hampshire CC Wellbeing team, along with other grant applications for materials, we're hopeful that much of the actual restoration can then be done by our volunteers. It appears they are a multi-skilled bunch which is great news. Once the fabric of the building is secured we can then take up the offers of equipment that have been pledged.

We were delighted to welcome Gilli Shorey from De La Rue who is part of their Charity and Community committee. It is great that they are showing such an interest as De La Rue own the building that the PC lease. Thanks to Karen Saunders for arranging the contact.

Bob Hough, who is spearheading the Shed, arranged for the Basingstoke Gazette and Andover Advertiser to attend. They arrived promptly at 10 with cameras at the ready and so hopefully, after some frenetic picture taking, we'll soon get some great exposure to help swell the ranks.

For more info on the "youth club for mature gentlemen!" email:

of what together we have achieved at Laverstoke Mill and thank everyone for their support.

Nik Fordham & Will Brix



Archers recognised at GB level

The scheduled Black Arrows club frostbite on the 2nd was canceled. Most member said it was too wet but it may have been more to do with the new year's celebrations, it was rescheduled till the 9th.

Archery GB have just announced that Richard Buckner, was Ranked 75th in the Recurve target archery discipline, out of 223 persons qualifying for ranking. Richard is one of the clubs keen archers and although the competition of the 2nd was cancelled he was practicing at 70 meters. This is one of the distances in his next major outdoor season and the first of his ranking rounds for 2016.

In the Field Archery Rankings for 2015

testvalleymensshed@gmail.com or tel: 07563 942360



Pensioners Christmas Lunch

Once again this year, on Saturday 5th December, we took our pensioners and helpers out for a traditional Christmas lunch held in the Watership Down Inn, Freefolk. Over 50 of us sat down to a delicious traditional roast turkey lunch, followed by Christmas pudding with brandy sauce, which was much enjoyed by everyone. The pub was decorated and a beautiful Christmas tree greeted us as we walked in. On our tables were little Christmas trees and crackers. The staff were so obliging, nothing was too much trouble and it was a real treat for the committee girls to be waited on too. In summary a superb lunch enjoyed by all!

A big thank you to Philip and Jules Denee, and of course to Steve and Billie, the Chef's, Anna, Front of House Manager and all the staff for all their hard work in making this lunch such a success.

With thanks to Howard you too can join in

William (Bill) Jones who shoots Bare bow (i.e. without sights or other attachments) is ranked 13th in the U.K. Bill also attended the British Bare bow Indoor Championships where from 200 entries he was placed 18th in the U.K. and 7th in England.

An archery beginners course starting on the 22nd is now full and the next will be at the Laverstoke archery range during the Summer. Anyone interested should contact Peter@OvertonBlackArrows.Org to be put on the waiting list.



Monday Night Yoga Returns

Monday Night yoga classes at Lady Rose Hall 7-8.30pm

Yoga with Gloria

- relieve anxiety and stress
- strengthen and tone muscles
- improve circulation and overall health

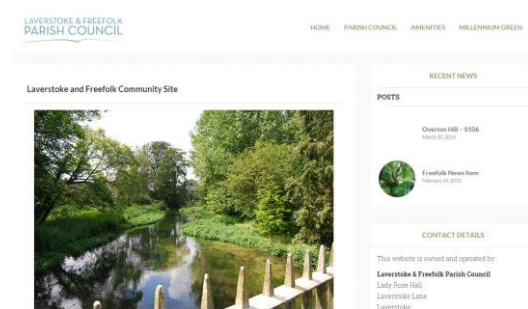
contact: yogawithgloria@gmail.com or tel. 07584 621857

the party with his video: [YouTube Laverstoke & Freefolk pensioners Christmas.](#)

The Pensioners' group is run by a willing committee who run two coffee mornings, or cake stalls, a year to subsidise various activities. These activities include a Christmas Party or lunch and Summer Garden Party for our Senior Citizens in the Laverstoke, Freefolk and Wells-in-the-Field area. If you are not currently on our list of Senior Citizens and are eligible to join (62 years and over and retired) we would love to hear from you. Please give me a call.

I would like to take the opportunity to wish you all a very Healthy, Happy and prosperous New Year

Mady Oram, Chairman, 01256 895396.



PC website

Although we have it in the contact info below we wanted to remind you of the web site address for the PC. This is where we post PC meeting dates, agendas, minutes and more:

www.laverstokeandfreefolk.org.uk

We'd also like to populate the local businesses section so please email us with a couple lines about your business and a web link. Email:

laverstokeclerk@gmail.com. Our first business showing is Judd Rolfe's Mole Catching service!



Parish Council

PC Meetings

Next meeting dates:

9th Feb
8th March
12th April
10th May
14th June

Laverstoke and Freefolk PC meetings start at 7.30pm with up to 15 mins public time. Anyone is welcome to attend to ask questions, make



Lady Rose Hall Class contacts

Kettlebell Fitness: **NEW**

Start Time: 7.30 - 8.30p.m.

Thursdays with John Ruffell

Tel: 07910 736432

Yoga Friday: 10 -

11a.m. Yogamaniac

Tel: 07884 384399

Yoga Monday: 7- 8.30p.m.

Yoga with Gloria on: 0758

462 1857

Other dance or fitness

sessions: Does anyone know a teacher who may be interested in running a class here on a Wednesday evening? Let Nicky know: 07563 942360



Contacts

L'stoke and Freefolk Facebook

laverstokeandfreefolk.org.uk

Nicky Nicklin, Parish Clerk:

Tel. 07563 942360 email:

laverstokeclerk@gmail.com

Bob Hough, PC Chairman:

Tel. 07990 570035 email:

laverstokeclerk@gmail.com

Newsletter:

laverstokeclerk@gmail.com

Lady Rose Hall:

www.ladyrosehall.co.uk

Bombay Sapphire Resident's

Help Line Tel.: 01256 890078

Our neighbouring web-sites:

suggestions or air views on local issues during the public time. Time will be split equally between the number of people wishing to speak. After public time parishioners are welcome to stay on but they are unable to interrupt the Council meeting. Venue: Lady Rose Hall, Laverstoke Lane. Note: no meeting is held in August.

To book the hall for your events see www.ladyrosehall.co.uk

Easyfundraising Link

Millennium Green
[Easyfundraising](#) link. Sign up to support Laverstoke and Freefolk Millennium Green. When you shop online, through this site, a donation is made. This is FREE to you.

Service times at St Mary's

Holy Communion Services take place at St Mary the Virgin on the 1st, 2nd and 4th Sundays of each month at 9.00 am.

The [Official Whitchurch web site](#)
The [Original Whitchurch web site](#)

[Overton Parish Council web site](#)

Our Local Sports Clubs

[Whitchurch Tennis Club](#)

[Overton Black Arrows Archery](#)

[Club](#)

[Overton Rugby Club](#)

Our Local Day Care Centre:

[Kingfisher Day Care Centre for the Elderly](#)

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Our emailing address is:

laverstokeclerk@gmail.com

Our mailing address is:

Laverstoke and Freefolk Parish Council Newsletter
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